

PARIM
RESIDENT MENTORSHIP AWARD

Objective: To recognize a Resident who values and excels in Mentorship.

Eligibility: All resident physicians, with the exception of PARIM awards committee are eligible to be nominated. Nominations may be from a Medical Student, Resident, or Attending Physician. To nominate a Resident, please fill out the nomination form with a brief explanation (250 words maximum) describing why the nominee merits recognition. This paragraph should outline specific examples of the Resident's dedication to Mentorship.

Submissions: Submissions can be emailed to parim.office@gmail.com or dropped off at GF132 in the Health Sciences Centre.

Please mark all submissions with "Attention: PARIM Awards Committee."

Selection: Selection is completed by the PARIM Awards Committee on an annual basis.

Criteria for Selection:

1. Genuine interest and investment in mentees
2. Support of professional growth of mentees (career selection, research interests, etc.)
3. Support of personal growth and wellbeing of mentees
4. Acting as positive role model in professionalism, career, education, and behaviours
5. Provision of a supportive atmosphere with respect for confidentiality
6. Encouragement of mentees in goal development and motivation for achievement
7. Provision of honest and constructive feedback to mentees

Award Value: The selected Resident will receive \$100 donation to a charity of his or her choosing. The name of selected recipient will be announced at the annual Resident Appreciation Dinner

PARIM
RESIDENT MENTORSHIP AWARD
NOMINATION FORM

I _____
(Nominator, Professional Qualifications)

NOMINATE _____
(Name, Residency Program, and PGE Level)

_____ for the Resident Mentorship Award.

This award is to recognize a Resident Physician for being an excellent mentor for Mentees (Residents and Medical Students) in all aspects of their career.

I understand that nominees are to be judged in several categories including, but not restricted to:

1. Genuine interest and investment in mentees
2. Support of professional growth of mentees (career selection, research interests, etc.)
3. Support of personal growth and wellbeing of mentees
4. Acting as positive role model in professionalism, career, education, and behaviours
5. Provision of a supportive atmosphere with respect for confidentiality
6. Encouragement of mentees in goal development and motivation for achievement
7. Provision of honest and constructive feedback to mentees

Professional Association of Residents and Interns of Manitoba

Signature of Nominator

Date

Please include a short letter (250 words maximum) of what qualities this resident has presented which illustrate their dedication to mentorship. This paragraph should outline specific examples of the Resident's involvement in mentorship, and can include direct quotes from mentees.

Note: Please return this nomination to the PARIM office
GF132-820 Sherbrook Street, Winnipeg, MB R3A 1R9