

Doctors Manitoba wants you to have the same exceptional care that you give your patients. We continue to develop a comprehensive continuum of physician health services from prevention to treatment and aftercare supports.

Physician Family Support Program (PFSP) | 1.844.4DOCSMB

For personal and work-life issues for you or your dependents, take advantage of the 24/7 Physician & Family Support Program’s suite of resources managed by ComPsych.

Online: guidanceresources.com Company ID: DOCSMB

Physicians at Risk (PAR) | 204.237.8320

If you, your spouse or your adult children are struggling with social, relationship, behavioural, or substance use issues, you can get support from the Physicians At Risk (PAR) Program.

MDCare | 204.480.1310

The MDCare program offers adult, child and adolescent psychiatry and adult psychology assessments and treatments for physicians, spouses or common-law partners, and dependent children (18 years and under).

**PFSP
PAR
MDCare**

Coverage + Programming Overview

(Accessible throughout Manitoba)

■	Confidential
■	Available to Medical Students
■	Available to Residents
■	Available to Practicing Physicians
■	Available to Retired Physicians
■	Available to Members’ Dependents (under 18)
■	Available to Members’ Adult Children
■	Counseling
■	Financial Information + Resources
■	Legal Support + Resources
■	Work-Life Issues Support
■	Wellness Resources
■	24-Hour Live Access
■	Psychology & Psychiatry
■	Peer Support

**Other Health +
Wellness Resources**

STUDENT
SERVICES @
BANNATYNE
CAMPUS



CMA
WELLNESS
HUB



CPSM
PHYSICIAN
HEALTH
PROGRAM



OTHER
DRMB
SUGGESTED
RESOURCES



To access resource websites via QR codes, simply point your smartphone camera at the graphic and you will be prompted to open the URL.